

# Pet Loss and Grief Support Group

WITH  
KÄRI-ANN THOR, M.ED., RCC  
& MONIQUE VERHOEF, RTC

Losing a beloved pet can be a life-changing experience, which will often trigger a profound sense of grief and range of other emotions. Often, the significance of our special relationships with our animal companions is not acknowledged or understood by society at large, and sometimes even by the well-meaning people in our lives.

During this evening, you will have a chance to share your experiences and hear others, receive support, and honour your pets within a like-minded community. The session may also include some helpful education on pet loss grieving. Sessions are provided via Zoom.

Groups are confidential and sponsored by  
Until We Meet Again, Pet Memorial Center  
(Gateway Services)



Every second Tuesday of each month from 8 pm - 10 pm



Every last Thursday of each month from 6:30 pm - 8:30 pm



Register: [info@equalcounselling.com](mailto:info@equalcounselling.com) - dates may change due to holidays



Counselling services also available for a fee